

intangible impulses : it reduces the actions of the body to a mechanical regularity. renders them indeed predictable. Yet, if we carefully examine so much of our behaviour as is capable of being examined by us, so much that is to say, as is regulated by or is connected with the action of the brain, we shall find much that it is impossible to reconcile with the notion that the driving force of the body is localized in the nerve-cells. Respecting the action of the " reflex " nerve system (which regulates the functioning of our internal organs) we cannot feel confident: it acts out of consultation with the brain and lies, therefore, beyond the range of our observation. But, this system apart, the behaviour of our bodies, if introspectively examined, is seen to be governed fundamentally not by sensory impressions or memories, but by the powerful impulses that have been compared to main-springs. A mother is not affected by the sight of another's child as by the sight of her own : she regards one with the maternal impulse, the other without it. The immediate cause of a visit to Switzerland may have been the chance perusal of a volume of Baedeker, but its fundamental cause lay in curiosity or a desire of change—an impulse to travel. Lacking this impulse all the Baedekers in the world would not have tempted me. My efforts in writing this book are started by daily

recollections of the undertaking : but
they have
their origin in a wish to employ myself
in ambition
curiosity. or that strange desire to
cause pain to
others that manifests the instinct of
cruelty. A
pianist, who, relying upon her "ideo-
motor"
antitude. executes a brilliant piece of
music while
thinking of a love affair. is
subconsciously guided
by her sensations or memories of the
notes : but
the reason for her playing at all must
be sought in